

Julianna Breit

Julianna Breit is a graduate student (exp. Dec 2026), community facilitator, and clinical counseling intern whose work centers around the question, “How do you keep people talking when the topics get hard?” After completing her undergraduate fellowship with Merlin CCC, she returned to Wilmington, North Carolina, where she soon became the Co-Director of a newly started religious Socratic seminar.

Within a year, the weekly attendance tripled from 10 to 30 individuals meeting to discuss topics ranging from interpersonal ethics to current events. The discussions served as the anchor for a burgeoning community that now has many active sub-groups for outdoor sports, boardgames, dancing, and book clubs.

Julianna believes strongly that healthy debate forges the friendships that become the foundations for welcoming communities, and she brings this disposition to her work in other areas.

She is currently completing her graduate studies in clinical counseling at an eating disorder clinic, where she co-facilitates group therapy for both trauma and eating disorder day-treatment programs, integrating topics on conflict management, intimacy, and emotional regulation.

Her philosophical interests center around empathy, autonomy, and the phenomenology of intimacy. Julianna brings a deeply thoughtful and energizingly playful approach to philosophy with aims to contextualize daily challenges in the big questions of life experience.

Outside of work, you can find Julianna hanging out with her beehive or discovering new forms of dancing. *Salsa is her current favorite.*