SAT 10 DEC



GRIEF, LOSS & HEARTBREAK WORKSHOP

10am - 4:30pm

REEDER'S ALLEY INTERPRETIVE & CONVENTION CENTER

WORKSHOP OVERVIEW



A unique 1-day workshop incorporating elements of philosophy, psychology, yoga/stretching, mindfulness meditation, readings & poetry.



Merlin CCC - Finding Your Way With Philosophy A 501(c)(3) Non-Profit Organization 119 Reeder's Alley | Helena, MT 59601 P.O. Box 1652 | Helena, MT 59624

WORKSHOP REGISTRATION INFORMATION

\$75 per person

Register on-line at merlinccc.org/philosophy-workshops or call 406.439.5788.

*For those experiencing financial hardship, please inquire about our workshop scholarship fund.

WHAT'S INCLUDED IN THE WORKSHOP

Healthy Lunch & Snacks Included Yoga Mats Provided Meditation Cushions Provided

WORKSHOP PROFESSIONALS/PRESENTERS

- Jamie Anesi, M.A. Justin Whitaker, M.A. Troy DaRonco
- Nicky Twitchell Marisa Diaz-Waian, M.A.